

DUBLIN SPORTSFEST

- **General:**

Dublin Sportsfest 23rd – 30th September 2018

The first ever Dublin Sportsfest week took place across the city from 23rd September – 30th September. The festival coincided with the European Week of Sport (23rd – 30th September). Sportsfest was officially launched on Tuesday, September 4th in Irishtown Stadium by the Lord Mayor, Nial Ring. The Ombudsman for Children, Dr. Niall Muldoon, was also in attendance. The venue was a hive of activity on the morning with children from local schools and some older adult groups invited along to participate in the numerous taster activities and provide a flavour of what Dublin Sportsfest is all about. A number of Dublin-based National sporting personalities were also on hand to speak to the media and generate lots of excitement as part of their role as Dublin Sportsfest ambassadors.

The Sportfest festival comprised of a week-long programme of innovative events & promotions across many of the sports clubs residents in the City in addition to Dublin City Council's facilities, parks and urban spaces. The purpose of the event was to bring together the people, the clubs, the sports and the spaces of Dublin in a celebration of sport and physical activity in our City. The focus was on encouraging sustainable participation across all ages, backgrounds & abilities. The vast majority of events & activities across the week were free of charge.

Our partners included Dublin City Council Sport & Recreation Services, Dublin Festival of History (Public Libraries), Cycling Ireland (Great Dublin Bike Ride), Parkrun, Junior Parkrun, Ireland Active, Sport Ireland, NEIC, Ballyfermot Youth Service and a large number of National & Regional Governing Bodies for various sports. This was in addition to a host of sports clubs from across the city.

A full review of the Sportfest event will be included in the next Area Committee report.

SPORT FOR YOUNG PEOPLE – SMALL GRANTS SCHEME

Grants were advertised in mid-May via email to clubs and sports contacts, newspaper advertisement and via social media. Deadline for receipt of applications was Friday, June 29th 2018 at 4pm.

Applications were open to Sports Clubs and Organisations within the Dublin City Area affiliated to a National Governing Body providing opportunities for young people aged 10 -21 yrs of age to participate in sport & physical activity.

120 applications were received and 112 were approved for payment. To date 80% of these payments were made in August with the remainder due to be paid in September.

More information can be found at:

www.dublincity.ie/smallgrantscheme2018

FOREVER FIT (CORE)

Older Adults

The Forever Fit programme is aimed at older adults and focuses on activities to improve balance, co-ordination and fall prevention. Activities include chair aerobics, tai chi, line dancing, yoga and mindfulness.

- Details of the Forever Fit programme running from July - November in the Central Area are outlined below.
- **Programme:** Back on Bike Active Age Cycle
Dates/Times: July – November. Mondays commencing in East Wall Water Sports Centre
Participants: Mixed 60-84 years.
Partners: NEIC & Ierne Bowling Club

GAGA (CORE)

Teenage Girls

The programme is aimed at teen girls and is run in conjunction with local youth services and schools. A wide variety of activities are delivered as part of the programme including dance-fit, fencing, yoga, boot-camp and adventure activities. Activities take place at various venues.

- The following boot camp programme is being run throughout September and October in Ballybough in preparation for the Family Hell & Back event.
- **Event:** Bradog Youth Services/Hardwicke Street Boot Camp Hell & Back Programme
Dates/Times: September – October. Mondays at 6pm
Location: Ballybough Community Centre.
Participants: Females 14-16 years.
Partners: Bradog Youth Services

GET DUBLIN WALKING (CORE)

Underactive Adults

DCSWP Sport Officers deliver a series of walking groups across the city under the banner of 'Get Dublin Walking'. The programme is delivered in partnership with the HSE and the DCC Community Section.

- The following 'Get Dublin Walking' programme is run in conjunction with Ierne Bowling Club & Get Ireland Walking. It is one of the biggest 'Get Dublin Walking' success stories and is delivered by trained volunteers. Full details are listed below;
- **Event:** Ierne Walking Cub
Dates/Times: Tuesdays at 10am throughout October.
Location: Commencing at Ierne Social Club
Participants: Mixed 45 -85 years
Partners: Ierne Social Club and Get Ireland Walking

YOUTH FIT (CORE)

Youth at Risk (10-21 Years)

Youth Fit programmes are multi sport and fitness initiatives for young people in the area aged 10 years and over.

- The following Youth Fit programme is run in conjunction with the Hay Garda Diversion Project. Full details of the programme are outlined below;
- **Programme:** Pedal Programme – Mountain Biking.
Dates/Times: Every second Thursday in November and December
Location: TBC
Participants: Males 13-16
Partners: Hay Garda Diversion Youth Project

FOOTBALL DEVELOPMENT OFFICER UPDATE

- Below are details of football initiatives/events and programmes in the Central Area over the coming weeks;
- A School Programme will take place on Tuesday mornings between 10am and 12.30 in Larkin Community College
- A Girls football programme will be delivered for St Vincent's Girls School in Ballybough Community Centre on Tuesdays 1pm - 3pm.
- A CRC (Football for All Programme) will take place in Clontarf Sports Pitches from 10am – 12pm on Thursdays.
- Coach Education Programmes
- The DCC/FAI Euro 2020 Draw and a number of street Events will take place at the end of November.

RUGBY DEVELOPMENT OFFICER UPDATE

For details of rugby events/initiatives and programmes in the Central Area please contact the local Rugby Development Officer.

BOXING DEVELOPMENT OFFICER UPDATE

- The **Startbox** Initiative, a partnership between the IABA and Dublin City Sport & Wellbeing Partnership, represents an ideal way for young people (10 – 17 years) to first engage with amateur boxing, Ireland's most successful Olympic sport. It is delivered by our 5 dedicated IABA/DCSWP Development Officers via local schools (primary & TY level) in communities across the Dublin City area. Approx 2,000 young people take part each year.

The Programme is structured into Bronze (non contact), Silver and Gold phases. The first phase focuses on general strength & fitness, method and technique. The Silver Programme consists of higher intensity sessions & limited contact and the Gold phase takes it on to another level again. The DCSWP/Leinster Rugby Development Officer is currently engaging with schools across the South East Area.

- The following schools in the Central Area will be participating in the StartBox Silver Programme (in-school / onsite programme) and transitioning to the Gold Programme (Inter-schools training programme in the National Boxing Stadium)
 - Ard Scoil Rhis Transition Year's Marino
 - St Josephs Transition Year's Fairview
 - St Pauls Transition Year's Brunswick Street
 - St Josephs Transition Year's Primary Fairview
 - Connells Transition Year's Primary North Circular Road
 - Central Model Senior National School Gardner Street
 - Finbarrs BNS Cabra

CRICKET DEVELOPMENT OFFICER UPDATE

- The Cricket Development Officer continues to liaise with Sport Development Officers in the Central Area in relation to the running of cricket programs over the coming months.
- School coaching visits will take place in the area in the following schools over the next month;
 - O'Connell's Boys – (Time TBC)
 - Stanhope Street – Mondays Thursdays (10.50pm-12.10pm)
- Provincial cricket sessions will take place from October-April on Friday nights from 5.00pm-9.30pm in North County Cricket Club. A number of players from the Central area are

involved in these sessions in particular players from the Drumcondra area. Players are between 10-18 years of age.

- The annual Dublin City U12 and U14 Cricket Camp will be taking place from the 30th of October until the 2nd of November in North County Cricket Club from 10.00am-16.30pm. Participants are from across the city. Players from the Central Area will be predominantly from the Drumcondra area.

Contact details

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